

Swiss National Foundation for Organ Donation and Transplantation

Organ donation and transplantation

Bern | 2025 info@swisstransplant.org



Home Objectives of the presentation

- 1. The Swisstransplant Foundation
- 2. Transplantation Act
- 3. Facts and figures
- 4. Organ donation procedure
- 5. Questions



Swisstransplant **Structure and organization**

Swisstransplant

Swisstransplant Foundation

1985

2007

2009

Swisstransplant – Swiss National Foundation for Organ Donation and Transplantation

Creation of the Foundation in Geneva • Bern



Mandated by the Federal Office of Public Health (FOPH) as the national allocation service

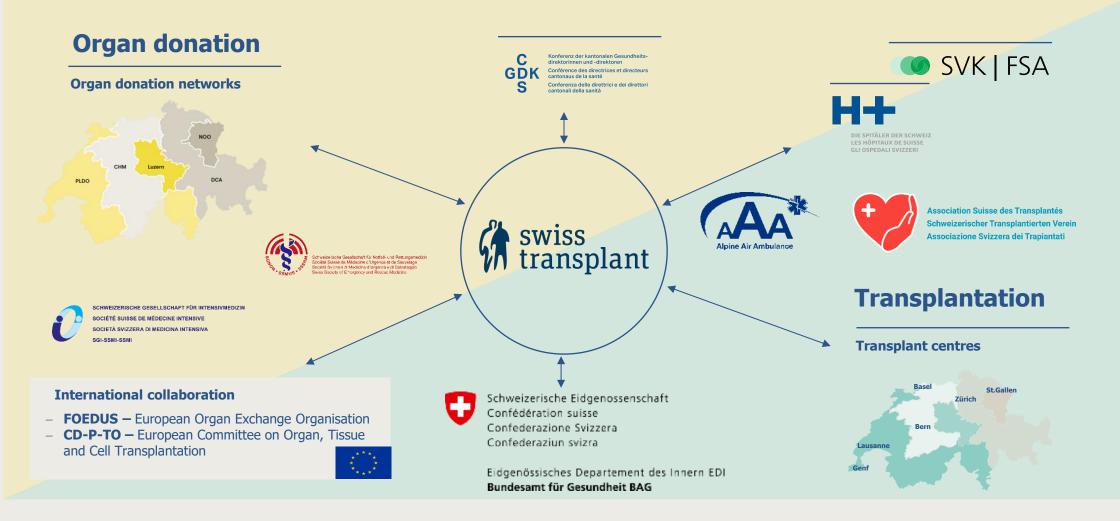
- Allocation of organs to recipients in accordance with the law
- Management of the waiting list

Allocation of benefits by the Swiss Conference of the Cantonal Ministers of Public Health

• Coordination and development of organ donation at the national level

Compensation in the organ donation process/financing of hospital staff (H+/SVK)

Partners Collaboration



Organization

5 donation networks

Swisstransplant mandated by the CDS for:

- Regional grouping of hospitals _
- Training of medical staff —
- Implementation of legal directives
- Implementation of standard processes
- Use of synergies at national level

PLDO



PLDO – 17 Spitäler Programme Latin de Don d'Organes

Netzwerkleiter

PD Dr. med. Raphaël Giraud

Kantone: FR, GE, JU, NE, TI, VD, VS

Entnahmespitäler

- Centre Hospitalier du Valais Romand (CHVR) (Spital Sitten)
- Centre hospitalier universitaire vaudois (CHUV)
- Ente Ospedaliero Cantonale (EOC) (Standort Lugano)
- HFR Freiburg Kantonsspital
- Hôpitaux universitaires de Genève (HUG)
- Réseau hospitalier neuchâtelois (RHNe) (Standort Pourtalès)



DCA – 23 Spitäler **Donor Care Association**

Netzwerkleiter PD Dr. med. Matthias Hilty

Kantone: GL, GR, SH, SZ, TG, ZG, ZH

Entnahmespitäler

- Kantonsspital Graubünden (KSGR) (inklusiv Kinder- und Jugendmedizin)
- Kantonsspital Winterthur (KSW)
- Universitätsspital Zürich (USZ)



NOO – 5 Spitäler

Netzwerkleiterin Yvonne Hilpertshauser

Kantone: AI, AR, SG

Entnahmespital Kantonsspital St. Gallen (KSSG)



CHM - 20 Spitäler **Organspende Netzwerk Schweiz-Mitte**

Netzwerkleiterin Dr. med. Sabine Camenisch

Kantone: AG, BE, BL, BS, SO, VS

Entnahmespitäler

- Kantonsspital Aarau (KSA)
- Universitäts-Kinderspital beider Basel (UKBB)
- Universitätsspital Basel (USB)
- Universitätsspital Bern (Inselspital) (inklusiv Kinderkliniken)



Luzern – 8 Spitäler

Netzwerkleiter

Dr. med. Christian Brunner

Kantone: LU, NW, OW, UR

Entnahmespital

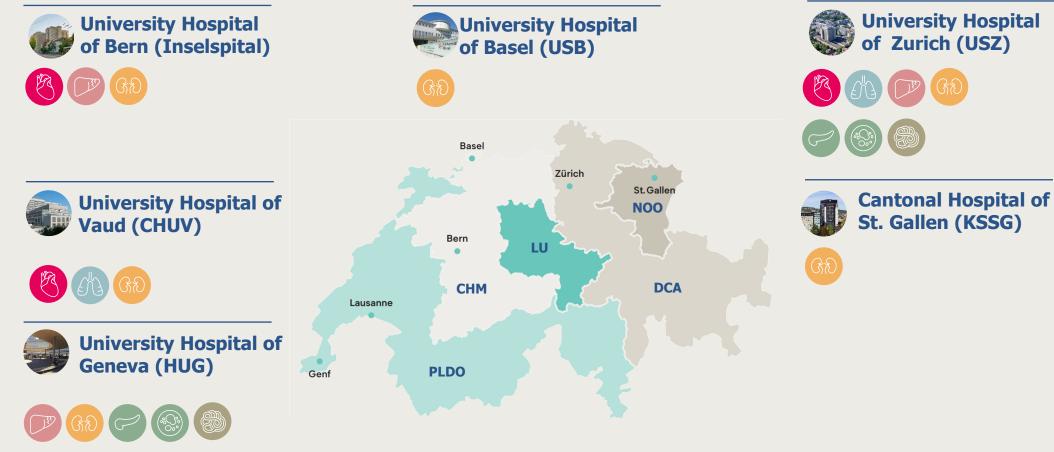
 — Luzerner Kantonsspital (LUKS) (inklusiv Kinderspital Luzern)

NOO CHM Luzern DCA



Organization

Transplant centres in Switzerland



University Hospital



Swisstransplant
Politics and society

Transplantation Act

Politics and society Transplantation Act

Federal Act on the Transplantation of Organs, Tissues and Cells (Transplantation Act), 2007

- Replaced cantonal legislation regulating donor and recipient aspects
- Creation of a national allocation service

Essential points of the law

- Principle of free access and prohibition of trade
- Principle of explicit consent in the broader sense*
- Organ allocation according to by-laws

* In May 2022, the Swiss electorate approved the introduction of the extended opt-out system. The Organ and Tissue Donation Register is set to be introduced at some point in 2026, and the opt-out system will be rolled out six months later (bag.admin.ch).

Politics and society What is the extended opt-out solution?

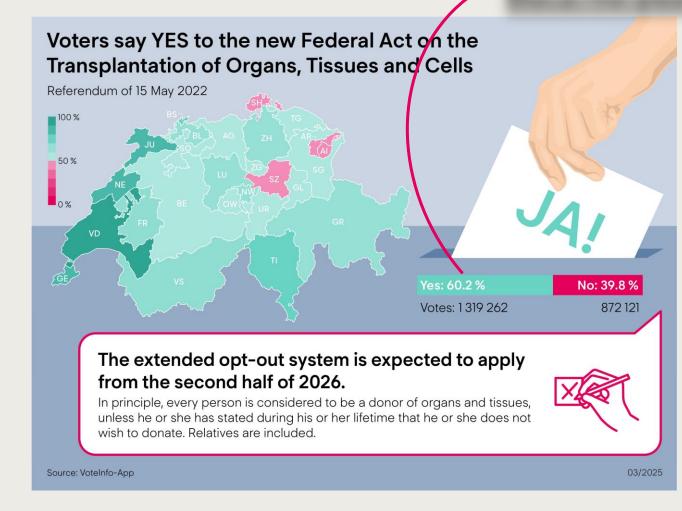
- If a person objects to organ donation while they are alive, they are no longer an organ donor.
- If the deceased person made no statement regarding organ donation prior to their death, the next of kin are consulted. "Do you know if the deceased stated or would state that they *do not* want to be an organ donor?"
- If there is no objection or any other statement regarding the willingness of the deceased to be a donor, and if no next of kin can be found despite efforts being made, no organs may be removed.

Politics and society Change of system: Extended opt-out solution

60.2 % yes







Politics and society Effective numbers of deceased donors

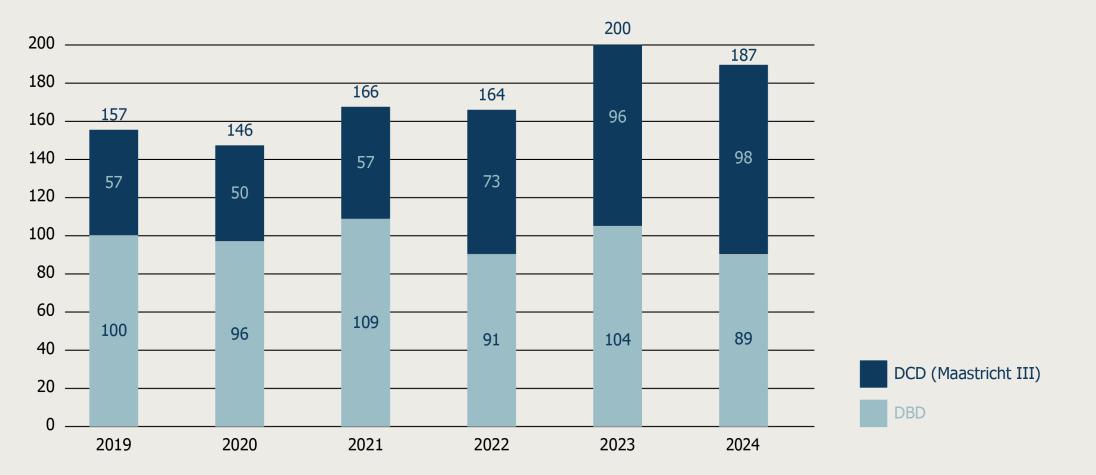


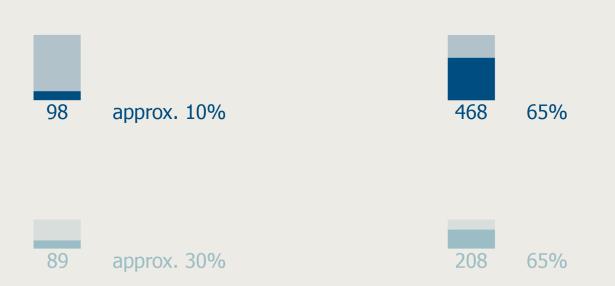
Figure 1: Number of deceased donors in Switzerland. DBD: Donation after brain death following cardiac and circulatory arrest. A donor is any deceased person who has undergone a surgical intervention with the intention of organ produrement for the purpose of transplantation.

Rate of consent 2024: 38%

Politics and society Organ donation potential Switzerland

Effective donors 2024

Potential donors from 2026



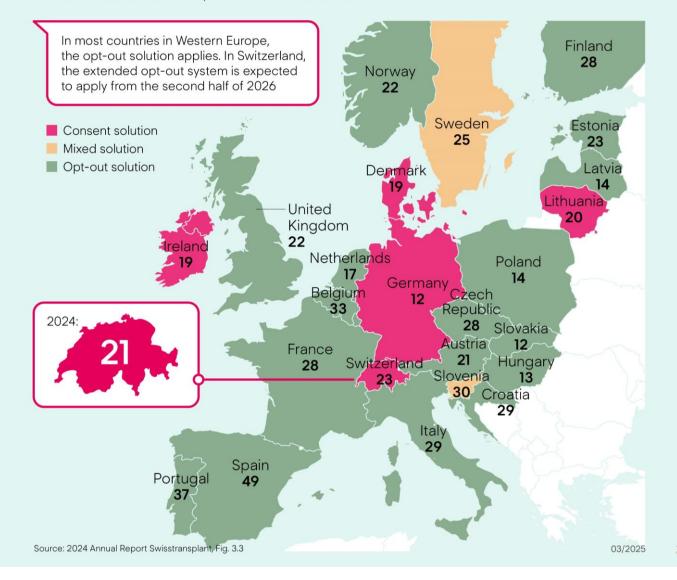


Swisstransplant Organ donation in Switzerland

Facts and figures

Regulations international **Donation rate in Europe**

Number of deceased donors per million inhabitants in 2023



Facts and figures Swisstransplant annual figures – deceased donors



Facts and figures Post-mortem donation

DBD: donation after brain death

- Brain-dead donor
 - Circulation mechanically stabilized
 - Donation of all organs possible

DCD: donation after cardiocirculatory death

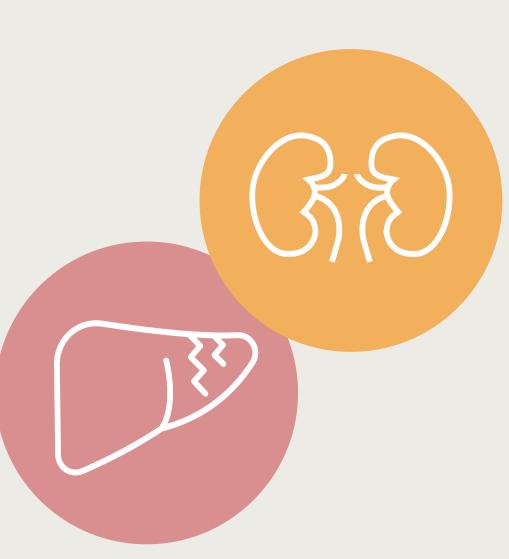
- Non-heart-beating donor
 - Change of therapy not brain-dead
 - Donation of all organs possible

X	JLY

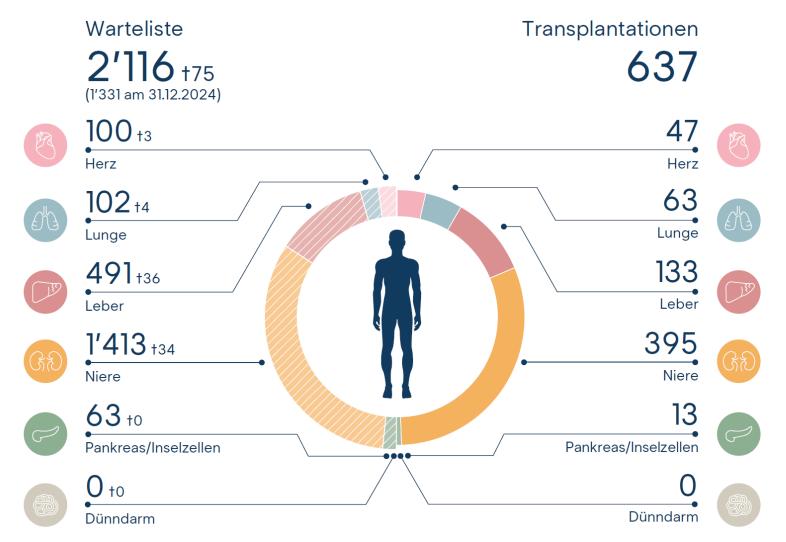
Facts and figures Transplantation through living donation

Living organ donation in Switzerland

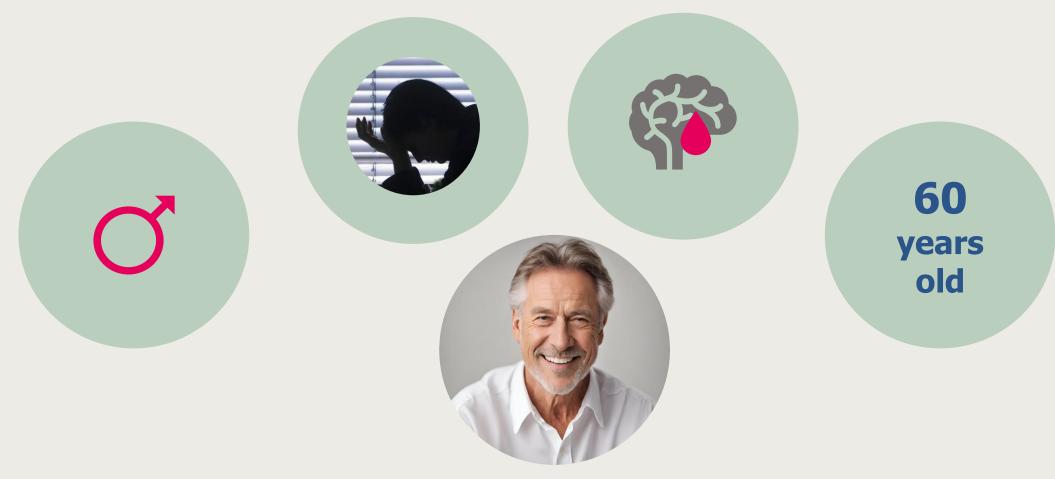
- A kidney or part of the liver
- Directed donation
- Altruistic donation
- Kidney paired donation



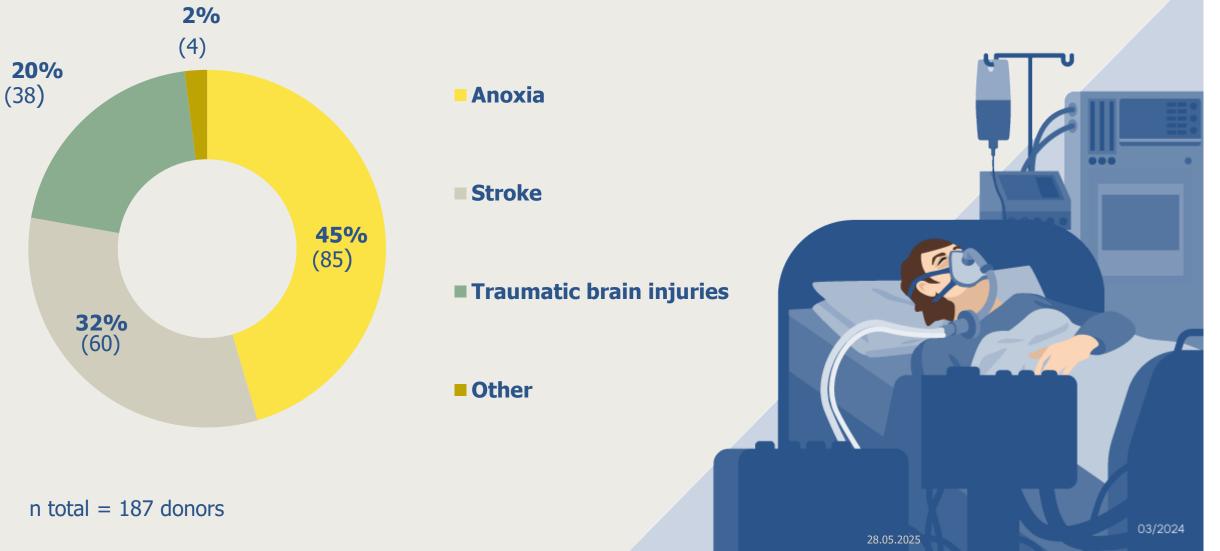
Facts and figures Waiting list and transplantations (1 Jan. – 31 Dec. 2024)



Facts and figures Typical example



Facts and figures Causes and frequency of death in organ donors – Distribution in %

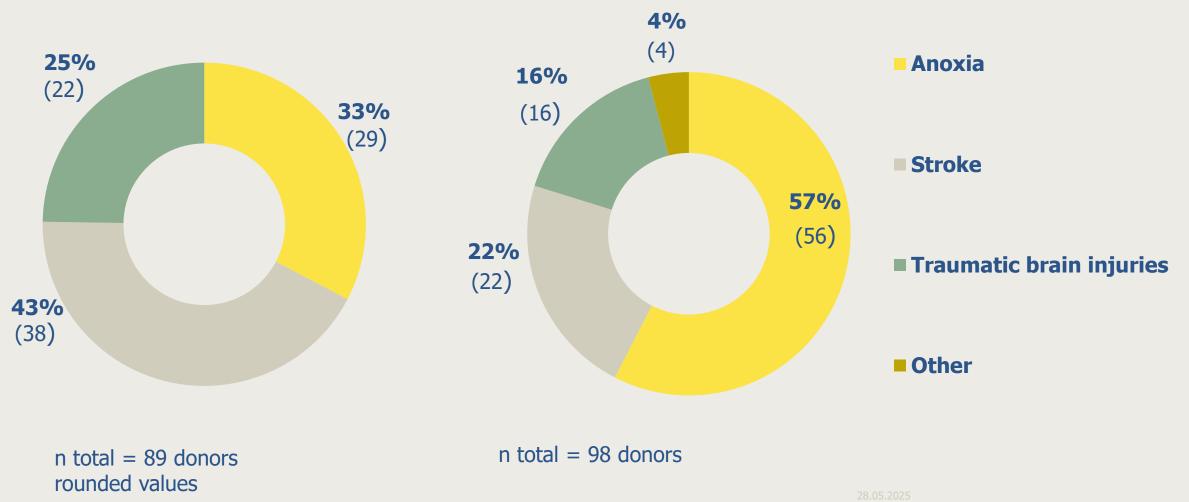


Facts and figures

DBD

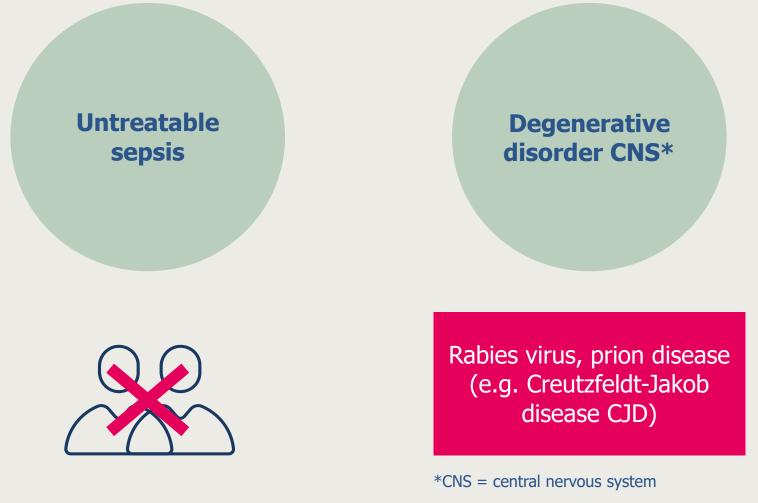
Causes and frequency of death in organ donors – Distribution in %

DCD



22

Facts and figures Absolute medical contraindications



23

Irreversible failure of the brain and brain stem

The organs receive the oxygen they need to continue functioning through mechanical ventilation.

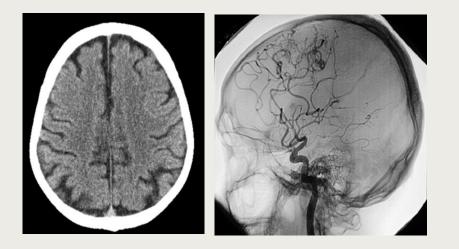
Brain death: not to be confused with coma

 Coma: potentially **reversible** partial lesions of the brain. Patients react to certain stimuli; measurable brain activity.



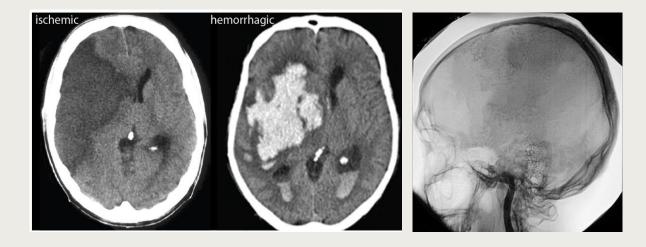
Post-mortem donation Brain death – diagnosis through imagery

Normal circulation



MRI/angiogram of a brain with normal circulation

Interrupted circulation

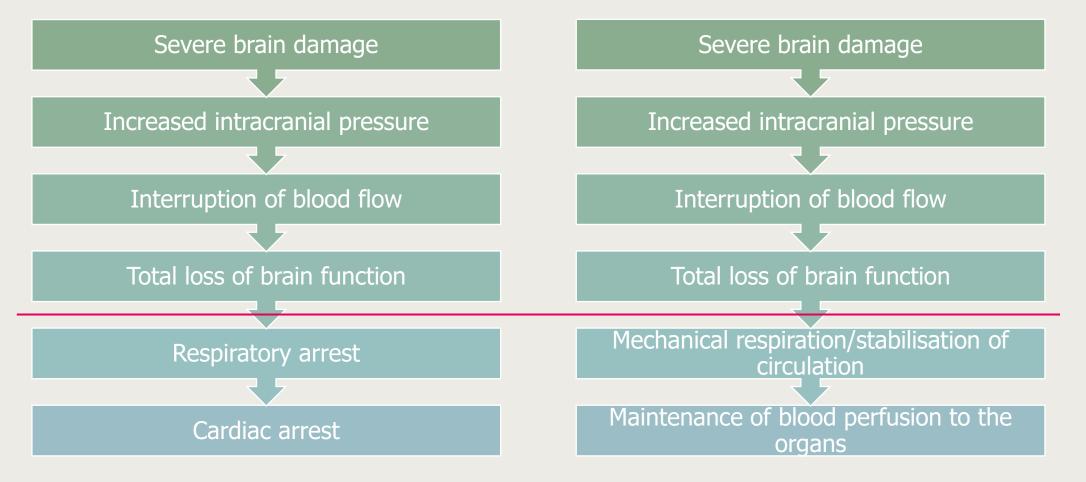


CT scan/angiogram of brain with interrupted circulation

M. van Straten (2007); American Journal of Neuroradiology 28 (3) 421-427, https://donatelifecalifornia.org/ und Kummer (2019); https://ysjournal.com/

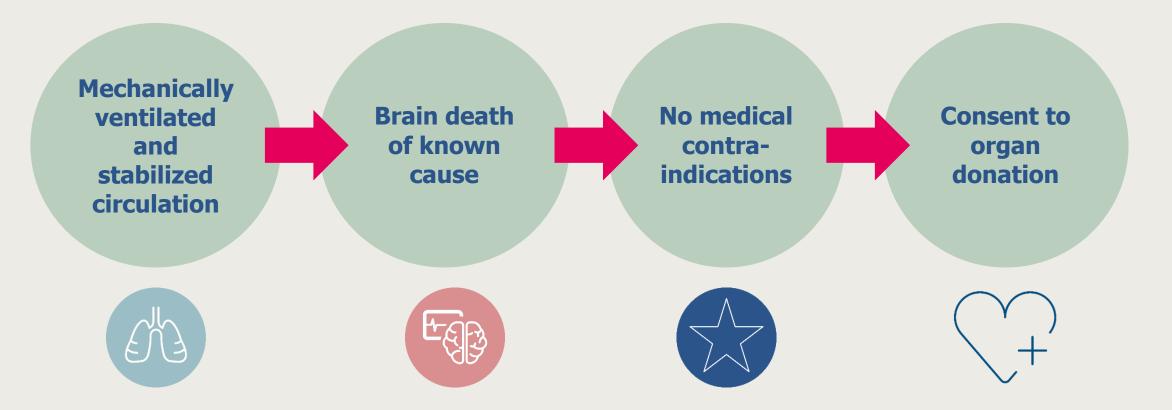
Post-mortem donation Brain death – natural process vs. process in intensive care unit

Natural process:



Process in intensive care unit:

Post-mortem donation Who can be a donor?





Swisstransplant **Procedure**

Process of organ donation

1. Hospitalization

2. Intensive care

- Mechanically ventilated
- Medication maintains circulatory function
- If the brain and brain stem functions are irreversibly affected, there is no possible further treatment

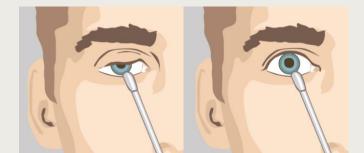
Saving the patient is always the priority. Organ donation is only discussed when this is not possible.





- 3. Diagnosis of brain death
- Carried out by two impartial specialists who are not involved in the transplant procedure
- 7 clinical signs: brainstem reflex test

Examples of normal and pathological reactions



Corneal reflex



Vestibulo-ocular reflex





- 4. Consent
- First approach: informed of brain death/life-threatening condition
- Second approach: question of wishes of the deceased regarding organ donation

No urgency for the decision





5. Discussion with relatives

- Away from the patient's bed
- Announcement of death or hopeless diagnosis and change of treatment
- Organ and tissue donation discussed





6. Time frame

- Maximum of 48 hours between the change of treatment and brain death (otherwise DCD donation)
- Organ procurement must be completed within 72 hours of the diagnosis of brain death



7. Swisstransplant

- Permission given
- Brain death/change of treatment
- Data entry of the deceased:
 - Case history
 - Results
 - Laboratory tests
 - Imagery



8. Waiting list/ranking

- Data entry in the SOAS (Swiss Organ Allocation System)
- Swisstransplant calculation of the ranking of the potential recipients using SOAS software
- The ranking list depends on donor characteristics

Allocation ID, Name ST-2023-0192 Testlastname T. Proc. hosp. BE-INSEL HLA A[2,24(9)] B[7,35] DR[13(6),17(3)] DQ[6(1),7(3)] DP[2,4] CW[10(3),7] DRB3/4/5[DRB3*01,DRB3*02]						Date of birth Weight ABO	
🎽 Heart	🛃 Lung 🚦	Liver	💕 Kidney	Pancreas	🖹 Small	bowel	
Step 1	0	4.12.2023	14:14:57	Time ba	ise	Non urgent	04.12.20
Ext. criteria :	No E	onor Type	: DBD	Incision	made		Clamped
Rank	Alloc Time		Recipie				TC
1(1)	× 14:17		U <u>RS-</u>	Testlastna			BE-INSEL
2	× 14:18		RS-	Testlastna			ZH-USZ
3	× 14:18		RS-	<u>Testlastna</u>			VD-CHUV
4	14:19		<u>RS-</u>	Testlastna			ZH-USZ
5			<u>RS-</u>	Testlastna			ZH-USZ
6			<u>RS-</u>	Testlastna			ZH-USZ
6			<u>RS-</u>	<u>Testlastna</u>			VD-CHUV
6			<u>RS-</u>	Testlastna			ZH-USZ
6			<u>RS-</u>	Testlastna			VD-CHUV
6	P		<u>RS-</u>	<u>Testlastna</u>	<u>me T.</u>		ZH-USZ
1 to 10 of 29)					First	Previous Page
fictitious	example S	OAS					

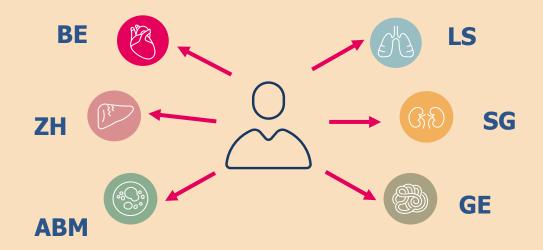
9. Attribution

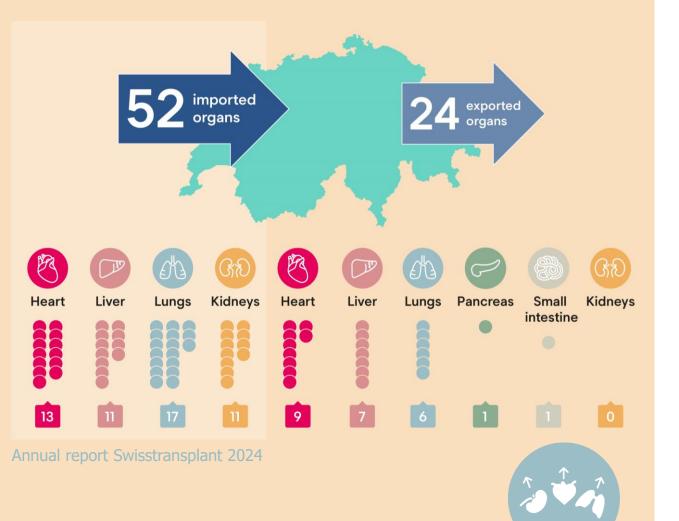
- The ranking list is calculated on the basis of the distribution rules of the law using an algorithm
- Swisstransplant offers organs to centres for potential recipients

1	2	3	4
Medical urgency	Medical benefit	Priority (children/blood Group)	Waiting time



- 9. Attribution
- Cooperation with European allocation centres





10. Planning

- Timing: everything at the right time and place
- Limiting factors:
 - Availability of operating rooms
 - Anaesthesia team, procurement team
 - Hospital routine
 - Flight time, workload, weather



11. Procurement

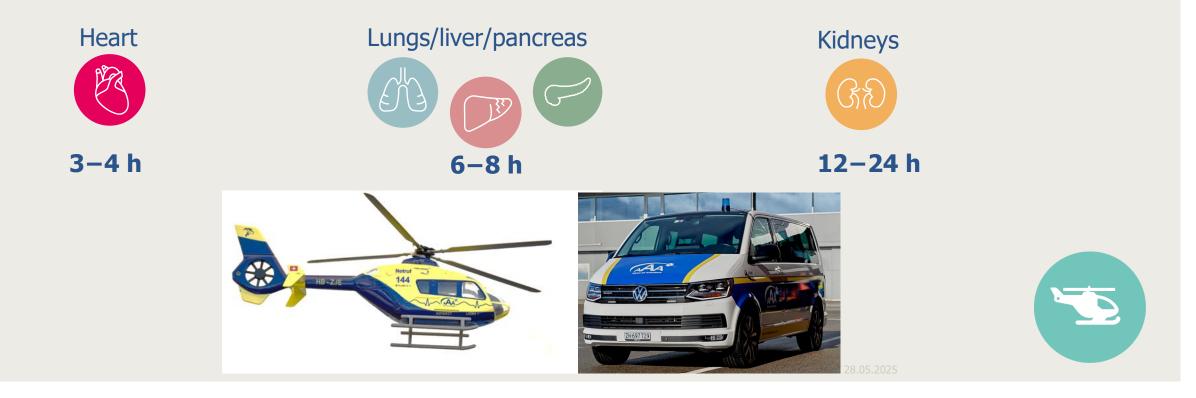
- Organs procured by surgeons from donor hospital
- Correct conditioning of organs
- Accompanied or unaccompanied transport of organs to recipient hospital





12. Transport

- Taxi, ambulance, helicopter, jet
- Ischemia time: the time interval between the interruption of the organ's blood supply in the donor's body and the resumption of the organ's blood flow in the recipient's body



13. Transplantation

- Preliminary examinations carried out on the recipient
- Transplantation carried out in transplant centre

After a successful operation, the transplanted organ regains its function.



After organ donation **Organ recipients**

- Improved quality of life
- Lifetime medication (immunosuppression)
- Prolongation of life
- Possibility to write an anonymous thank you letter to the donor family



Lara, liver transplant recipient

Ambassadors Organ recipients



Renata, heart recipient



Lorena, heart recipient



Sébastien, heart recipient



Elio, heart recipient



Maurice, kidney recipient



Samuel, liver recipient

After organ donation **Tissue donation**

- In case of death in hospital
- 24-48 hours after death
- Consent
- Categories on donor card
 - Cornea
 - Cardiac valves, large blood vessels
 - Vessels



Corneal transplantation after eye injury, corneal infections (keratitis)



Process of organ donation **Saying goodbye**

- Possibility for relatives to say goodbye to the deceased
- Funeral organized according to the wishes of the deceased and his or her relatives
- Last respects, cremation or burial possible



Most important principle: dignified treatment both before and after the organ removal.





Swisstransplant
Thanks and conclusion

Questions



Thank you!

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Erweiterung Powerpoint Videovorschläge für Ihre Präsentation:

- Swisstransplant Vision und Mission: <u>Swisstransplant Vision und Mission (untertitelt) (youtube.com</u>)
- Erklärvideo: Wie funktioniert die Organspende in der Schweiz?: <u>Erklärvideo: Wie funktioniert die</u>
 <u>Organspende in der Schweiz? (youtube.com)</u>
- Wann ist ein Mensch tot?: Wann ist ein Mensch tot? (youtube.com)
- Digitalisierungsprozess Organspende und -Transplantation: <u>Digitization process organ donation and</u> <u>transplantation (youtube.com)</u>
- Noahs Organspende Trauer und Hoffnung: <u>Noahs Organspende Trauer und Hoffnung</u> (youtube.com)
- Ein ganz normales Leben: <u>Ein ganz normales Leben / Une vie absolument normale / Una vita</u> <u>assolutamente normale (youtube.com)</u>